

Autumn

SIMMER POT BLENDS

cinnamon harvest

2 cinnamon sticks
1 orange (sliced)
3 cloves
2 star anise



sweater weather spice

2 pears (sliced)
2 cinnamon sticks
1 tsp ground cardamom
1 tsp ground ginger



pumpkin spice dream

½ cup pumpkin purée
1 tsp ground cinnamon
1 tsp ground nutmeg
1 tsp ground cloves



crisp autumn morning

1 lemon (sliced)
2 sprigs fresh rosemary
1 tsp whole peppercorns
1 tbsp vanilla extract



apple orchard bliss

2 apples (quartered)
2 cinnamon sticks
1 tbsp vanilla extract
1 tsp whole cloves



breezy woodland walk

1 cup pine needles
3 cedar leaves
2 bay leaves
1 tsp whole cloves



maple leaf charm

½ cup maple syrup
1 cinnamon stick
1 orange (sliced)
2 star anise



cozy cabin breeze

1 apple (sliced)
1 tsp ground cinnamon
2 sprigs fresh thyme
1 tbsp vanilla extract



chai spice delight

3 cinnamon sticks
1 tbsp black tea leaves
1 tsp ground ginger
2 cardamom pods (crushed)



instructions

For each simmer pot, add the ingredients to a large pot with 4 cups of water. Bring the mixture to a light boil, then reduce the heat to a low simmer. Check periodically and add more water as needed to keep the scent alive for hours. Enjoy the warm, cozy aromas of fall!